



Big Idea: Race Conscious (Day 2) | Source: [Hatch Brighter App](#) | Outdoor Activity | Time: 10 min

Race Conscious Activity To Do With Kids

Grown-Ups and kiddos...

Let's go for a walk and find all the colors and textures of you in nature today.

See if you can discover parts of yourself in Mother Earth.

See if you can find the color of your eyes outside?

The color of your hair?

The color of your skin?

Even the texture of your hair...

Is there anything curly or straight, smooth or frizzy in nature?

Can you find other colors of people you know in nature?

Affirmation to say together at the end: *I am different and the same.*

You realized: *You are in all of the colors of nature.*

Grown-Up Tips:

- Skin tone colors mixed with nature: brown-red like fall leaves, cream as sand, light peach flowers, beige leaves, chocolate brown like tree trunks, dark brown like squirrels, salmon pink like this flower, pumpkin orange like this leaf, sepia like this branch.
- We are just one day past our 'awareness' stage. Here we explore. This exercise will plant wonderful seeds of how we are all interconnected. And it will all come together as you progress through the days.
- Incorporating nature into your days intentionally is huge for us. It is also a wonderful way for kids to make their own connections around 'big ideas' and realize the universal truths. This is how we plant the seeds and intentionally develop it from Day 1 through Day 10 in the Hatch App.

Download the Hatch App for more activities like this: [App Store](#) | [Google Play](#)