

# SELF-LOVE

## by Hatch Brighter

### What you need:

- 10 minutes
- Listening ears
- Imagination

### Activity: Story Time!

Once upon a time, there was a tiiiiiny little mouse named Dina who loved sooo many things about herself. She loved her eyes, her mouth, her tail, her heart, her mind. She could keep going and going and going with all the things she absolutely loved about herself. There was just ONE thing Dina didn't fully love about herself. Whenever she hung out with her friends, she felt tiny. You see, her friends were all much taller than her. And she was the shortest. Sometimes, her friends even joked about it. They didn't mean to be unkind, but it did hurt her feelings.

One day, Dina and her friends were chewing on a yummy block of cheese. All of a sudden they spotted a crumb of fresh bread that smelled absolutely delicious. They all ran towards the bread crumb, trying to grab it. However, the bread crumb slipped from their claws and rolled into the tiniest little hole in the ground.

One by one, each of the mice tried to get the bread out with their claws but their claws were too big. At last, it was Dina's turn. Guess what happened when she tried to get the bread crumb out of the hole?

Her claws were the perfect size for the tiny hole and she was able to easily get the bread crumb out. All of her friends were disappointed because they wanted to eat the delicious bread brum but now they could not have it. Dina noticed this and immediately decided to share the little bread crumb with all her friends.



Think of something very different about you that makes you special.