

GRATITUDE GAME

By Hatch Brighter



Hard moments create magic moments. Share one hard moment you are grateful for this year.

Find one thing in this room that you didn't notice before. Share a reason you are grateful for it.

Share one color you are grateful for and why.

What is one piece of advice you received this year that you are grateful for?

What is something that shines brighter in you this year than ever before?

Rules:

- [1] Print & cut
- [2] Fold & shuffle in jar
- [3] Draw 1 slip at a time & share out loud.





What is your favorite thing about your home & why?

Share a meaningful gift you have received this year & why it is meaningful to you.

Share a place outdoors that you enjoy and what you like about it.

Share your favorite season and why.

Think of a joke or a person who makes you smile or laugh. Share the story.

Mistakes helps us grow. What is one mistake/failure you are grateful for.

What is something you love about yourself and why?





What is your favorite thing in/about nature & why?

Think of one person you have learned something from that you are grateful for. What was it?

Share your favorite place or way to rest & why.

Think of a time when someone helped you or you helped someone else. Share the story.

Which organ in your body are you most grateful for & why?

What is your favorite taste and why?

Emotions are our teachers. Which emotion has been your greatest teacher this year?

